

24-25 Family Gatherings

AUG 20 TBRI® Overview

Facilitated by Shannon Ehli

Trust Based Relational Intervention is an attachment-based, trauma-informed intervention designed to meet the complex needs of vulnerable children. TBRI serves as the foundation for all of our education and practices at the Gathering Well.

SEP 17 Voice of the Birth Parent

Facilitated by Katie Buwalda, pregnancy counselor with Lifeline Children's Services

Katie will be discussing how to honor your child's story without minimizing the pain that they have experienced, as well as how to navigate complex relationships with significant people from your child's past.

OCT 15 The Brain Architecture Game

The Brain Architecture Game is a tabletop game experience that builds understanding of the powerful role of experiences on early brain development- what promotes it, what derails it, and the consequences for society.

NOV 19 Healing Road Map

Facilitated by Cara DeHaan

The Healing Road Map was created by HALO Project in Oklahoma City, OK. It serves as a guide for caregivers as we seek to support our children and equip them with resources, practice, and the knowledge they need to help them flourish.

DEC 17 Moms Night @ The Clean Bean

Located at 550 W 85th Street

Hey moms! Join us for coffee at The Clean Bean from 7-9pm, where we'll have the place all to ourselves. Grab a drink, get comfy, and let's enjoy some great conversation!

JAN 21 Therapeutic Interventions

For children with complex trauma, healing is never a "one size fits all". This evening a panel of local professionals will share with us a variety of therapeutic interventions including various forms of trauma processing, neurofeedback, meditation, play, and yoga.

To Register for a Family Gathering, please visit our website <u>www.gathering-well.org</u>, and click "programs".

NEW LOCATION: Oak Hills Baptist Church

6201 S Lyncrest Ave, Sioux Falls, SD 57108

6PM: Family meal is served

6:30PM: Childcare opens/Caregiver Education begins!

FEB 18 One-on-One Time

Facilitated by Shannon Ehli

Spending one-on-one time with the children in our care is the most influential factor in improved clinical outcomes for children with a history of trauma. Tonight we will learn the components of a successful one-on-one time and practice together.

MAR 18 Empowering Strategies for Adolescents

Facilitated by Cara DeHaan

Empowering strategies help to set our kids up for success! This evening we will focus on how to empower our adolescent's body and world to promote healthy brain function.

APR 15 Common TBRI®Skills

Facilitated by Shannon Ehli

If TBRI® is new to you, this is a great night to join! If you are a seasoned expert looking for a new challenge, come and amaze us with your knowledge and experience. Tonight we will be working together as a group to learn, review, and practice the most common TBRI® skills. Re-do, anyone?

May 20 TBRI® in Practice

Facilitated by Matt Janecek

A dear friend to the Gathering Well, Matt Janecek is a dad to 7 and a TBRI® practitioner. As a substitute teacher, child's life advocate, and past children's ministry leader, Matt has used TBRI® in multiple settings and is a great source of encouragement for us as we head into the summer!